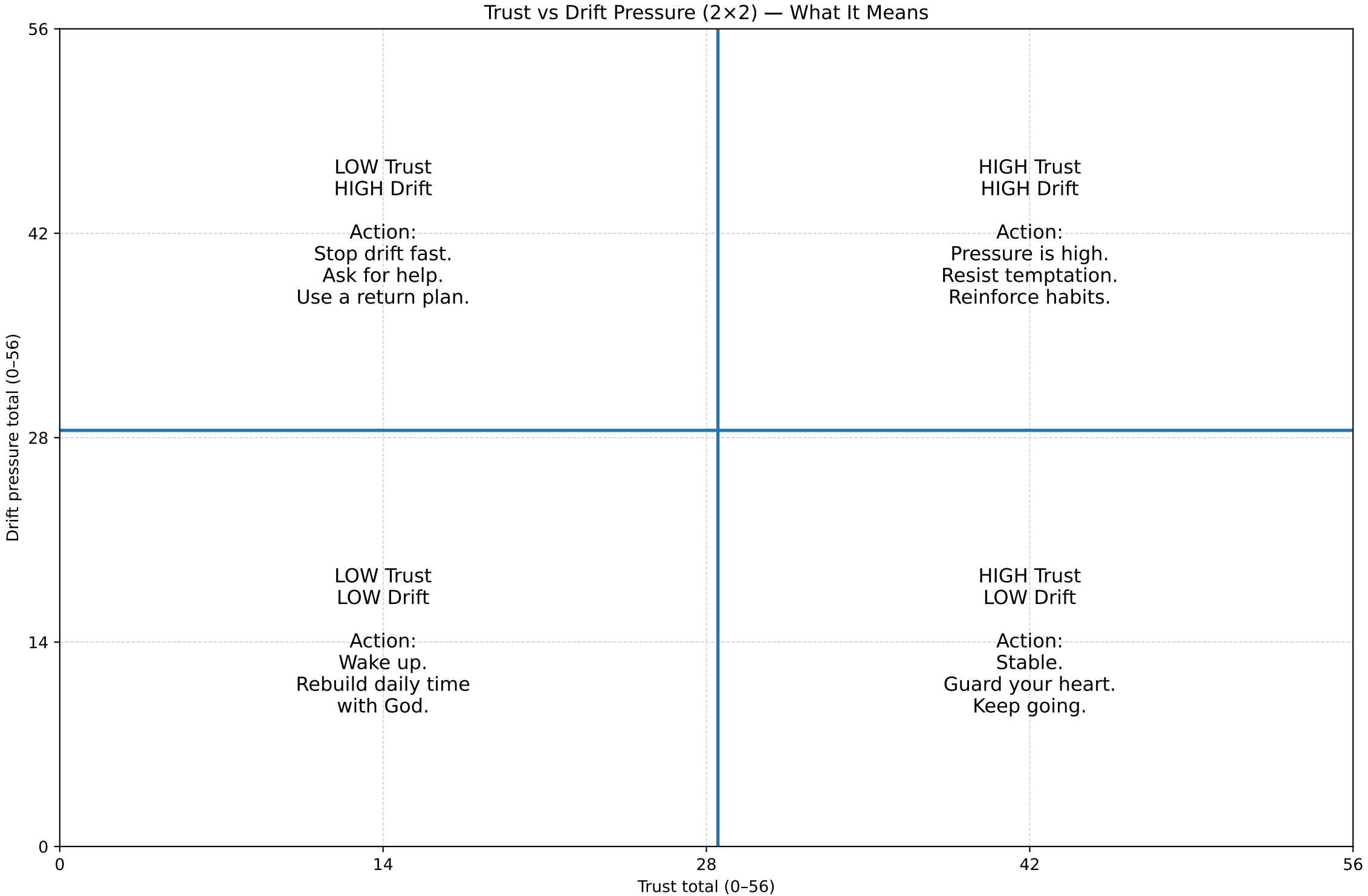
Trust vs Drift Pressure (2×2) — What It Means
LOW Trust
HIGH Drift
Action:
Stop drift fast.
Ask for help.
Use a return plan.
HIGH Trust
HIGH Drift
Action:
Pressure is high.
Resist temptation.
Reinforce habits.
LOW Trust
LOW Drift
Action:
Wake up.
Rebuild daily time
with God.
HIGH Trust
LOW Drift
Action:
Stable.
Guard your heart.
Keep going.
Drift pressure total (0–56)
Trust total (0–56)
0
14
28
42
56